

SCHED-W-2016-06-01 - version: 6/3/16

start:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY - TD	SATURDAY	SUNDAY	start:	PARTICIPANTS: - sessions 3.5 hrs max. mostly
6:45 AM								6:45 AM	0 Barb/Mom - 972-849-8550; barb43230@aol.com
7:00 AM								7:00 AM	1 Alexis (16)
7:15 AM	7:15-9a BARB	7:15-9a BARB	7:15-9a BARB	7:15-9a BARB	7:15-9a BARB	7:15-9a BARB		7:15 AM	2 Matt (12)
8:00 AM	BARB / MOM	BARB / MOM	BARB / MOM	BARB / MOM	BARB / MOM	BARB / MOM		8:00 AM	3 Michael (15-20)
8:15 AM								8:15 AM	4 Radar
8:30 AM								8:30 AM	5
8:45 AM								8:45 AM	6
9:00 AM	9-12:30 Alexis	9-12:30 Alexis	9-12:30 Alexis	9-12:30 Alexis	9-12:30 Radar	9-1/1:15 Radar	9-1p Radar	9:00 AM	7
9:15 AM								9:15 AM	8
9:30 AM								9:30 AM	9
9:45 AM								9:45 AM	10
10:00 AM								10:00 AM	11
10:15 AM								10:15 AM	12
10:30 AM	Alexis - alt	Alexis - alt	Alexis - alt	Alexis - alt	Alexis - alt	Alexis - alt	Alexis - alt	10:30 AM	13 Incoming?
10:45 AM	Brandi-alt 10-	Brandi-alt 10-	Brandi-alt 10-	Brandi-alt 10-	Brandi-alt 10-	Brandi-alt 10-	Brandi-alt 10-	10:45 AM	alt Suhith???
11:00 AM	Radar - alt	Radar - alt	Radar - alt	Radar - alt	Matt - alt 10-	Matt - alt 10-	Matt - alt 10-	11:00 AM	alt Sneha
11:15 AM					Michael - alt 10-	Michael - alt	Michael - alt -10	11:15 AM	alt Kirk Thomsen
11:30 AM					Radar - alt	Radar - alt	Radar - alt	11:30 AM	alt Corrine Davis
11:45 AM								11:45 AM	alt Whitney (new)
12:00 PM								12:00 PM	
12:15 PM								12:15 PM	On hiatus:
12:30 PM	12:30-3:30 Michael	12:30-3 Michael	12:30-3:30 Michael	12:30-3 Michael	12:30-3:30 Michael			12:30 PM	Amanda
12:45 PM	Michael	Michael	Michael	Michael	Michael			12:45 PM	Brandi
1:00 PM						BOXING LV 1/1:15	1-1:45/2 p	1:00 PM	Caitlin
1:15 PM	Alexis - alt til 2	Alexis - alt til 2	Alexis - alt til 2	Alexis - alt til 2	Alexis - alt til 2	BOXING	walk outside	1:15 PM	Edwana
1:30 PM	Brandi-alt	Brandi-alt	Brandi-alt	Brandi-alt	Brandi-alt			1:30 PM	Kora
1:45 PM	Matt - alt 2:30-6:30	Matt - alt 2:30-6:30	Matt - alt 2:30-6:30	Matt - alt 2:30-6:30	Matt - alt		1:45-4:45p Matt	1:45 PM	Lydia
2:00 PM	Michael-12:30-3:30/4:30	Michael-12:30-3:30/4:30	Michael-12:30-3:30/4:30	Michael-12:30-3:30/4:30	Michael-12:30-3:30/4:30	BOXING RT 2:30	Matt	2:00 PM	Sarah
2:15 PM	Radar-alt	Radar-alt	Radar-alt	Radar-alt	Radar-alt			2:15 PM	Sneha
2:30 PM								2:30 PM	
2:45 PM								2:45 PM	
3:00 PM						2:30/3-6/6:30p	Alexis - alt	3:00 PM	Times avail, regular team; alternates below:
3:15 PM						Matt	Brandi-altonlytil 5	3:15 PM	Alexis M-F til 2; altonly M-F 2-;
3:30 PM	3:30-6:30 Matt	3:30-5:30 Matt	3:30-5p	3:30-5:30 Matt	3:30-5:30 Matt		Matt - alt til 6:30	3:30 PM	Brandi July 18 - September 3; 10 pm - 5 pm
3:45 PM	Matt	Matt	Walk outside	Matt	Matt		Michael - alt	3:45 PM	Brandi June 6 - 24; 10 am - 5 pm
4:00 PM							Radar - alt	4:00 PM	Brandi OOT: May 18 - 22; 26 - June 5; June 25 - July 17;
4:15 PM	Alexis - altonly 2-	Alexis - altonly 2-		Alexis - altonly 2-	Alexis - altonly 2-		Alexis - alt	4:15 PM	Kora OPEN
4:30 PM	Brandi-alt til 5	Brandi-alt til 5		Brandi-alt til 5	Brandi-alt til 5		Brandi-altonlytil 5	4:30 PM	Matt M-Th 2:30-6:30; F 10-5:15; SaSu 10-6:30
4:45 PM	Matt - alt 2:30-6:30	Matt - alt 2:30-6:30		Matt - alt 2:30-6:30	Matt - alt 2:30-6:30		Matt - alt til 6:30	4:45 PM	Michael M-F 12:30-3:35/4:45; SaSu til 4/5
5:00 PM	Michael - altonly	Michael - altonly	5-9 Radar	Michael - altonly	Michael - altonly		Michael - altonly	5:00 PM	Radar: OPEN
5:15 PM	Radar - alt	Radar - alt	Radar	Radar - alt	Radar - alt		Radar - alt	5:15 PM	
5:30 PM		5:30-7:30p (6-7)		5:30-7:30p (6-7)	5:30-6:30p (5:45p)		Walk outside	5:30 PM	AB
5:45 PM		Bebe - Trainer	Alexis - altonly 2-	Bebe - Trainer	Jihan - Trainer			5:45 PM	MK
6:00 PM			Brandi-alt til 5				6-9:30/10:30	6:00 PM	MS
6:15 PM			Matt - alt 2:30-6:30				Alexis	6:15 PM	SV
6:30 PM			Michael - altonly		6:30-9:30			6:30 PM	
6:45 PM			Radar - alt		Radar			6:45 PM	
7:00 PM	7-9:30/10						7-9:30/10	7:00 PM	
7:15 PM	Radar (opt)						Radar (opt)	7:15 PM	
7:30 PM								7:30 PM	Hrs:Target Hours
7:45 PM		7:45/8-10:30p		7:45/8-10:30p				7:45 PM	Alexis (15)
8:00 PM		OPEN/ABM		OPEN/ABM				8:00 PM	Caitlin (16)
8:15 PM	Alexis - alt	Alexis - alt	Alexis - alt	Alexis - alt	Alexis - alt	Alexis - alt	Alexis - alt	8:15 PM	11 Matt (12)
8:30 PM	Matt - altonly	Matt - altonly	Matt - altonly	Matt - altonly	Matt - altonly	Matt - altonly	Matt - altonly	8:30 PM	17 Radar (18)
8:45 PM	Michael - altonly	Michael - altonly	Michael - altonly	Michael - altonly	Michael - altonly	Michael - altonly	Michael - altonly	8:45 PM	
9:00 PM	Radar - alt	Radar - alt	Radar - alt	Radar - alt	Radar - alt	Radar - alt	Radar - alt	9:00 PM	SCHOOLS:
9:15 PM								9:15 PM	EM:UWM 1/26; MATC: ; Card Stritch ; MIA ;
9:30 PM								9:30 PM	REMEMBER TO CALL/TEXT ASAP when:
9:45 AM								9:45 AM	BRK:>you'll be more than 10 min late
10:00 PM								10:00 PM	>you realize you WILL or even MAY miss a session
10:15 PM								10:15 PM	>DON'T COME SICK!! Keep me updated on symptoms
	12.5	8	10.5	8	12.5/13	8	12		daily. We must discuss & I must OK you resuming sessions.
	127	99	133.5	102.5	141.5	139.5	140		YOU MAY BE SUSPENDED / LOSE SESSION(S),
1k \$ goal	1k/13/hr=hrs/mo	hrs/mo/wk=hr/wk	hrs/wk/hrs/ess=sess/wk					5.00	>You don't call (or text/email) & don't show
	76.92307692	18.31501832	5.232862376					-254.30	>cancel <3hrs prior to start time or too often